Mission

"Build a civilization based on Truth and Love" -JP2

How

- Become the Man the Lord created you to be. (A Saint)
- Fidelity to the magisterial Teaching of The Church.
- Family Rosary. (daily in the home)
- Form groups of knights locally meet Sat. Mornings.
- Pray together (Rosary) Time for discussion. Then go out in pairs for a walk in your City, Town, etc. Praying rosary, St. Michael Prayers, deliverance prayers, prayers to the Holy Spirit.
- Talk to and share the gospel to anyone you meet. "Fear Not"
- Come back and share experiences, make plans.
- Organize <u>1st Saturdays</u> so families or anyone can come.
- Invite everyone to come. "Fear Not"
- 1st Saturdays can be an all day event. Organize: Picnic, hiking, etc.
- Organize: Processions
- Organize: Retreats for Men, Women, Youth
- Organize: Speakers
- Organize: Outings
- Organize: Pilgrimages
- Get involved in Politics
- JP2 Lodge in every town
 - "There is no Love Without Truth" -JP2



"There is some good left in this world and it's worth fighting for" - Sam

Personal Practices of Knights

"Reach for perfection, you may catch excellence" - Vince Lombardi

- Morning offering
- Morning consecration to 3 hearts
- Offer up sacrifices throughout the day "fatima formula"
- Divine mercy hour : 3:00-4:00
- Evening family Rosary
- Evening binding prayer for fathers
- Evening examination of conscience : use this list
- Evening Act of contrition
- Evening consecration to St. Michael

Important Practices

- Total consecration to Mary
- Consecration to St. Joseph
- Devotion to St. Michael & Archangels
- Devotion to Guardian Angel
- Devotion to St. Joseph

5 Stones of Medjugorje

1. Daily Scripture2. Daily Rosary3. Weekly Adoration4. Monthly Confession5. Fasting Wednesday & Fridays (best fast: bread & water)

The Knights of JP2

"Fear Not" First words spoken by JP2

"Totus Tuus"

"Do not be afraid to become a Saint" - JP2

"Have no fear of moving into the unknown. Simply step out fearlessly knowing that I am with you, therefore no harm can befall you; all is very, very well. Do this in complete faith and confidence." - JP2

"Behold, I have given you the power to tread upon serpents and scorpions and upon the full force of the enemy and nothing will harm you." Luke 10:19

> "Christians were not created for comfort but for battle." -Pope Benedict XVI

Ancient Prayer to St. Joseph

O St. Joseph, whose protection is so great, so strong, so prompt before the throne of God, I place in thee all my interests and desires.

O St. Joseph, assist me by thy powerful intercession and obtain for me all spiritual

blessings through thy foster Son, Jesus Christ Our Lord, so that, having engaged here below thy heavenly power, I may offer thee my thanksgiving and homage. O St. Joseph, I never weary contemplating thee and Jesus asleep in thine arms. I dare not approach while He reposes near thy heart. Press Him in my name and kiss His fine head for me, and ask Him to return the kiss when I draw my dying breath. St. Joseph, patron of departing souls, pray for me.

According to the oral tradition, whoever reads this prayer or hears it or carries it, will never die a sudden death, nor be drowned, nor will poison take effect on them. They will not fall into the hands of the enemy nor be burned in any fire, nor will they be defeated in battle.

(This prayer was said to be founded in the fiftieth year of Our Lord, Jesus Christ. In the 1500's it was sent by a Pope to Emperor Charles when he was going to battle.)

Important Sacramentals

Brown Scapular - Miraculous Medal
St. Benidict Medal
Our Lady of America Medal "for purity"
Holy Water & Exorcised Salt "for your home & family"

Must Have In Your Home

Catechism of Catholic Church "JP2 Edition" Family Alter: with Bible, crucifix, etc. Book: "Saintly Solutions": by Fr. Joseph Esper

Important Reading Materials

- Documents of JP2
- Our Lady of America
- Our Lady of Fatima
- Documents of Pope Benedict - Our Lady of Guadeloupe
- Lives of the Saints
- Divine Mercy Diary

Important Notes

- All men are encouraged to join; Laymen, Priests, Deacons and Sons.
- Buddy System Pick a brother you can trust to help you reach your goal.
- Keep this rule on your person.
- To become a Knight of JP2 "Give our Lady your yes".
- This is our goal not starting point.
- You do not run a marathon after one practice.

Warning: Nobody should do deliverance prayers unless you are in a <u>state of grace</u>. Some deliverance prayers are only for <u>Priests</u> : know for sure.

Important Quotes

"Quo Vadis" Where are you going "Never lay down" Boxers Code "La Das La Das Toujor La Das" Always Ahead "Know Thyself, Know Your Enemy" - San Tsu "Do not be afraid of the evil that is in you" - JP2 "Only Christ can fill the deepest desires of your heart" - JP2

"Superman got nothing on me"

"I'm a warrior and our lady has known it all along"

"I am nothing and can do nothing on my own but harm; but with Christ I can do all things"

"Ask me for much for I am willing to give much" - Our Lord to Saint Faustina

"It's not about how hard you can hit, it's about how hard you can get hit and keep moving forward" - Rocky

"Nobody gets out of here alive"

<u>Contact Info</u> KnightsOfSaintJohnPaulII.org